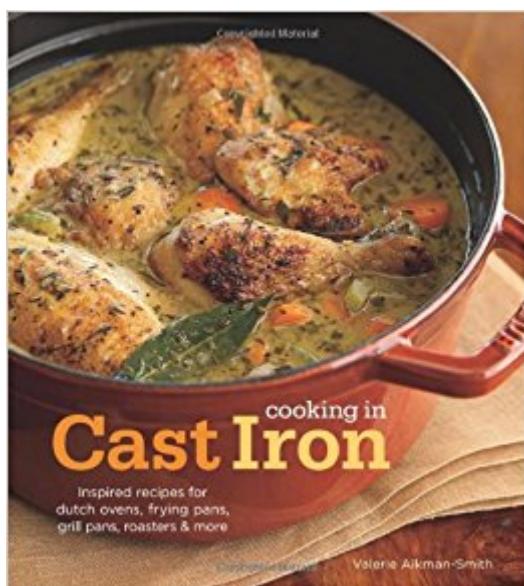


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# Cooking In Cast Iron: Inspired Recipes For Dutch Ovens, Frying Pans, Grill Pans, Roaster, And More



## Synopsis

Stylish and functional cast-iron cookware is prized for its versatility, durability, and exceptional heating capabilities. Now home cooks can get the most out of their cast-iron collection with over 40 recipes for the Dutch oven, skillet, and more. Whether it's your grandmother's well-seasoned black skillet or the brightly colored enameled pot you received as a wedding present, cast iron is the perfect choice for nearly any cooking task. You can use a Dutch oven to slow-simmer chicken until meltingly tender; a heavy frying pan to sear steaks to a juicy, browned finish; a ridged stove-top grill pan to cook golden and oozing cheese sandwiches; and a sturdy roasting pan to caramelize sweet root vegetables in the oven. Organized by type of cookware, each chapter shows the many ways to use these popular pots and pans, adored by professional chefs and home cooks alike. More than 40 tempting recipes are included, many of which boast beautiful, full-color photographs. From a hearty vegetable frittata and spicy beef chili to comforting lemon-herb chicken and decadent chocolate bread pudding, this book offers recipes for every meal of the day.

Sample Recipes:

- Dutch Ovens & Braisers
- Olive oil braised potatoes with herbs
- Brussels sprouts with bacon & onions
- Herbed beef stew
- Southern-style fried chicken
- Garlic-braised chicken
- Asian-style braised short ribs
- Rustic walnut no-knead bread
- Berry cobbler
- Frying Pans
- Tomato, arugula & goat cheese frittata
- Dutch baby with cinnamon pears
- Zucchini fritters with herbed yogurt
- Jalapeño-cheddar corn bread
- Grill Pans
- Summer vegetables with balsamic
- Fish tacos with mango salsa
- Chicken under a brick
- Three-cheese panini
- Peaches with cardamom honey
- Baking, Roasting & Gratin Pans
- Breakfast strata
- Potato & chard gratin
- Macaroni & cheese with bread crumbs
- Meat lasagna
- Rhubarb & apple crumble

## Book Information

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## Customer Reviews

Valerie Aikman-Smith is a chef, food stylist, and cookbook author based in Los Angeles whose work can be seen in many cookbooks, commercials, print, and advertising campaigns. She travels internationally for magazines, including Bon AppÃ©tit, where she has cooked her way through the Greek Islands, Paris, Mexico, Croatia and Scotland. Her television work includes the Emmy awardâ “winning Giada at Home for Giada De Laurentiis and Disneyâ ™s The Muppet Kitchen with Iron Chef Cat Cora.

The book was very good explaining the art of cast iron cooking in the various pots. There weren't enough recipes for each item. I was hoping for more recipes than were provided.

I bought this book with hopes of finding new ways to use my cast iron pieces. And yes, there were a few interesting recipes but also a lot of typical ones. Good tips on keeping your pieces in good condition. Decent reference book.

This book came within the expected delivery time and was in very good condition. I read it through in preparation to buy a French Oven, Le Creuset or other brand, still doing my research. It met my expectations as to how to handle this type of cookware and what types of recipes to prepare in Cast Iron. Thank you!

Got this as a gift for my Dad who has been cooking with cast iron for years. He recently received a cast iron dutch oven and has used this book for recipes for that too. It has recipes for skillets and dutch ovens. Wonderful book with great pictures. Makes an excellent gift for those who share a love for cast iron!

Good recipes well explained, photos are well done. Could have had more recipes, if it did I would have given it five stars.

Great recipes! Last night, I made the Coq Au Vin for dinner...it was delicious! My boyfriend and I couldn't stop talking about it. The recipes are simple/straightforward and the photos make your mouth water. I look forward to making many more dishes from this cookbook; next purchase is a

cast iron grill.

Bought this for my daughter along with a 6qt enameled cast pot. It is a great book for introducing a novice cook to the wonderful world of cast iron cooking/ caring for pots and pans that will last a lifetime.

Nice cookbook with nice photos and no doubt good recipes however, I was hoping for something with simple everyday down to earth recipes. Recipes in this book would be great for those who cook for entertaining and serving guest, just don't meet my needs, I would like to see a cookbook with simple to make stews, chili, etc., all in all this is a good cookbook, just not for me.

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